Everyone needs help sometimes.





Financial Supports

- Credit Help—1-888-294-0076
- **Debt Crisis Line**—1-855-827-1847
- Credit Counselling Society— 1-888-527-8999
- Alberta Supports—Income Supp.— 780-624-6135
- Taxi Pass Program—Peace River **FCSS**—Subsidized Transportation 780-624-1000
- FREE Income Tax Filing-Seniors/Low Income—Peace River FCSS— 780-624-1000 (Feb-Apr))
- AISH Office—780-624-6135
- Emergency food, medications, dental, shelter, transportation (for non AISH) — 1-866-644-5135
- Youth Scholarships—Baytex Energy Centre - 780-624-3204
- Rupertsland Institute— 780-624-0703
- Money Mentors—debt, credit, support—1-888-294-0076

Mental Wellness

- National Suicide Crisis Line— 1-833-456-4566 or Text 45645
- Help Line— 1-877-303-2642
- Distress Line—1-877-321-2747
- Health Link-811
- Kid's Help Phone— Dial 1-800-668-6868 or Text 686868
- Alberta 211— Dial 2-1-1 to find support services in your area
- 24-Hour Child Abuse Hotline— 1-800-387-5437 (KIDS)
- Hope for Wellness Helpline 24/7— 1-855-242-3310
- Alberta Health Services, Addictions and Mental Health—Drop-In, appointments, referrals— 780-624-6151
- Beyond the Heart Clubhouse— A safe space to connect and recover from Mental Illness - 780-624-3161
- Mental Health Capacity Building Program (Project PEACE) - For youth in school - 780-624-3650

Physical Wellness

- Emergencies-911
- Health Link-811
- Peace River Hospital-780-624-7500
- Sunrise Medical Centre— 780-624-2581
- Home Care—AB Health Services— 780-624-3451
- Home Support—Light housekeeping—Peace River FCSS— 780-624-1000
- Indigenous Health Program— Culturally appropriate Health Care— 780-624-7281
- Northern Indigenous Health Alliance-HIV & Hep C Supports -780-624-2443
- Persons with Developmental Disabilities (PDD)—Funding for the Disabled - 780-624-6113
- Sagitawa Friendship Centre—Out of The Cold Shelter, Supports-780-624-2443
- Alberta Healthy Living Program -Support, Chronic conditions— 1-877-349-5711

Parenting Supports

- Well Child Clinics—Baby Nutrition, Immunizations, child Intervention and Support—Peace River Hospital—780-624-3405
- Peace Region Family Resource Network—Parenting Education, Home Visitation, Info and Referral— 780-624-0770
- Building Better Babies Program— Sagitawa Friendship Centre— Prenatal and post childbirth supports for young parents— 780-624-2443
- WJS—Support for families facing difficulties and served by Child Family Services or Persons with Developmental Disabilities and FASD-780-624-1029
- Early Childhood Intervention **Program**—Advice, support, Child Development/Milestones— 780-624-7253
- Sugar Plum Tree Daycare -780-624-1479
- Peace River Day Homes— 780-624-3520

Indigenous Supports

- National Indian Residential School Crisis Line—1-866-925-4419
- First Nations & Inuit Hope for Wellness—1-855-242-3310
- Native Youth Crisis Line— 1-877-209-1266
- Rupertsland Institute— Resumes, Job Supports, youth scholarships — 780-624-0703
- Sagitawa Friendship Society— 780-624-2443
- Region VI Métis Office— 780-624-4219
- Native Counselling Services of AB— Culturally appropriate court supports - 780-624-4622
- Indigenous Health Program— 780-624-7281
- AB Aboriginal Women's Society— Info and referral, career training & search-780-624-3416
- Family Information Liaison Unit— Support for families of missing and murdered Indigenous women and girls - 780-644-9823

ID & Legal Documents

- Alberta ID Card—Photo ID for those that do not have a driver's license— Dial 310-0000, then 780-427-7013
- Service Canada—Official Identification documents, etc.— 1-800-622-6232
- Assured Income for the Severely Handicapped (AISH)—Provincial Building, AISH Office— 780-624-6135

LGBTQ2+ Supports

- Peace River Pride Society—PRIDE events, supports, advocacy for LGBTQ2+ persons peaceriverpridesociety@gmail.com
- Support Line—1-800-688-4765
- Northreach Society—Grande Prairie and area—Supports for 2SLGBTQ+ youth, friends and family— 780-538-3388

Affordable Housing

- North Peace Housing Foundation— Senior's/family housing—780-624-
- Métis Urban Housing Corp.— Rentals for Métis/Indigenous persons-1-877-458-8684
- OSSI Youth Homeless Program and Out of the Cold Shelter—Sagitawa Friendship Centre—780-624-2443

Youth Supports

- Kids Help Phone—1-800-668-6868 or Text 686868
- Ground Level Youth Centre—All vouth welcome—780-624-2162
- Project PEACE— Mental Health in school—780-624-3650
- Empowering Kids and Youth Program—Relationships, trauma, and home conflict—780-624-3466
- Native Youth Crisis Line— 1-877-209-1266

Relationship Supports

- Alberta ONE LINE for Sexual Violence—1-866-403-8000
- Family Violence Information Line— 310-1818 (AB Only)
- 24-Hour Child Abuse Hotline— 1-800-387-5437 (KIDS)
- Stepping Up—Healthy Relationship Prog.—780-624-8235
- Peace River Regional Women's Shelter—A safe place to stay for women with or without children, fleeing abuse or homelessness, outreach supports, and safety planning —780-624-3466
- Alberta Health Services— **Relationship Counselling-**780-624-6151
- NW Child and Family Services— Programs for vulnerable children— 780-624-6460

Religious/Faith

Go to our Online Community Directory: https://peaceriver.ca/places/category/

Food Programs

- Soup Kitchen—Free Meals—Mon., Wed., Fri. -10010 88 St. -780-618-7863
- Salvation Army Food Bank— 780-624-2370
- Sagitawa Friendship Centre— Charley's Food Box (food/nutrition program) & Free Soup Tues. & Thurs.—12-1pm, 780-624-2443
- Servant's Heart Initiative -Emergency food, and basic supplies, Christmas Food Hamper - 780-618-
- Picnic in the Park Event—Free Community BBQ at Riverfront Park— Thursdays at 5:30pm (Summer Only) Will start again when COVID protocols allow.
- Peace River FCSS—Meals on Wheels Program for Seniors and those with Physical/Mental Exceptionalities— 780-624-1000, ext. 1030

Crime & Safety

• Emergencies — 9-1-1

RCMP—780-624-6611

- Family Violence Line-310-1818 (toll free)
- Crime Stoppers—1-800-222-8477
- Peace Regional Victim Services— Supports for Victims of Crime— 780-624-6626
- Women's Shelter—A safe place to stay for women, fleeing abuse or homelessness, outreach.— 780-624-3466
- Safer Communities and Neighbourhoods (SCAN) -Confidential reporting of drug trafficking, prostitution, child exploitation, gang related crime 1-866-960-7226
- Peace River Regional Restorative Justice - 780-618-5811
- Legal Aid—1-866-845-3425 • Dial-a-Law −1-800-332-1091

Children/Youth Supports

- Peace River Pre School Society— 780-618-9625
- Childcare Playschool Subsidy Information—1-877-644-9992
- Peace Region Family Resource Network—Home Visitation (0-6 years), Developmental Screenings (0-6 years) Parent Education (0-18)-780-624-0770
- Kids Help Phone —1-800-668-6868 or Text 686868
- Ground Level Youth Centre-All youth ages 10-29 -780-624-2162
- Project PEACE— School based Mental Health and student/family supports-780-624-3650
- Native Youth Crisis Line— 1-877-209-1266
- Empowering Kids/Youth Program— Relationships, trauma, and conflict— 780-624-3466

Adult Learning & Literacy

- Vision Learning Centre—Learning English, computer skills, workshops—780-624-4220
- Northern Lakes College Distance learning, adult education, — 780-624-5176
- Peace River Municipal Library and Art Gallery—Computer access, information, books/audio books, free events, —780-624-4076
- Peace Regional Outreach Campus— Finishing high school, or upgrading-780-624-5534

Teens

- BGS Enterprise Ages 16-19 Living Independently - Rent, school, career counseling, some healthcare benefits and more - 780-425-6655
- Ground Level Youth Centre— Activities for all youth 10-29 years of age - 780-624-2443
- Peace Regional Outreach Campus— Finishing high school, or upgrading— 780-624-5534

Addiction Supports

- Addictions and Mental Health Helpline —1-866-332-2322
- Addictions and Mental Health— Drop-In and appointments and referrals to addictions services— 780-624-6151
- Alcoholics Anonymous (AA)— 780-618-4710
- AL-ANON—United Church (Basement) 10104 100 ave. Tuesdays at 7:30pm
- Celebrate Recovery—Bible based Recovery Program - 780-625-7081

Community Connection

- Family Resource Network— 780-624-0770
- Sagitawa Friendship Society-780-624-2443
- Peace River Library-780-624-4076 Beyond the Heart Clubhouse—For
- those living with Mental Illness— 780-624-3161

Senior/Elder Supports

- Peace River FCSS—Home Support, Income Tax, Meals on Wheels, Gov. Forms, referrals— 780-624-1000
- AHS Continuing Care Access— Palliative Supports— 1-855-371-4122 (toll free)
- Senior's Drop In Centre— 780-624-2700
- Caregiver Supports—For those who provide care for others— 1-877-453-5088
- Alzheimer Society of AB & NWT -1-866-950-5465 Sagitawa Friendship Society—
- 780-624-2443 • Elder Abuse, Family Violence Info

Employment

 Rupertsland Institute — 780-624-0703

Line-310-1818 (toll free)

- Alberta Works—780-624-6135
- Sagitawa 780-624-2443
- Peace River Municipal Library and **Art Gallery**—Computer/Internet — 780-624-4076
- Vision Learning Centre -780-624-4220

faith-and-religious-groups/