

SCHEDULES & PROGRAMS

SPRING SUMMER 2025



TOWN OF
PEACE RIVER
ALBERTA



Peace Regional Pool
7201 98 Street
(780) 624-3720
www.peaceriver.ca

Peace Regional Pool



PEACE REGIONAL POOL is one of the most popular facilities in Peace River among visitors and residents alike. Over 60,000 people visit the Pool on an annual basis! This fabulous facility was opened to the public on June 24 1989, and will celebrate its 36th anniversary in 2025. The Pool has many attractions that cater to a wide range of visitors, from an aqua aerobics program, to a steam room for those that like to take it easy.

In addition to its physical attractions, the Pool is open throughout the year and hosts a full range of programming options. Our programs include (but are not limited to) private rentals, aqua aerobics, swimming lessons for ages 4 months to 99+, and lifeguarding and instructor courses. We offer everything you need so you can start your aquatic career at the Peace Regional Pool!

Make your next swimming experience at the Peace Regional Pool! We would love to see you!

7201 98 Street
780 624 3720

www.peaceriver.ca/pool

Supervision of Children

Supervision from a responsible person plays a crucial role in the safety of young swimmers at the pool. **Children under the age of 8 years old MUST be within arms' reach of a responsible person at least 14 years of age at all times.** During Family Swims, children 17 and under must be accompanied by a responsible adult. Children of any age may still be asked to complete a swim test at a lifeguard's discretion.

Programs and Services

Early Bird Swimming	Swimming Lessons	Private Rentals	Junior Lifeguard Club
Water Walking	Private Lessons	Activity Room Rentals	Swim Clubs
Aqua Aerobics / Zumba	Parent & Tot Programs	Lifeguarding Courses	Goggles and Other Retail
Public/Family Swims	Adult/Senior Programs	Instructor Courses	Special Events
Lane Swim	Mermaid Programs	First Aid Courses	Diving Board & Rope
Free Swims	School Rentals	Babysitting Courses	Steam Room

2025 Free Swims!

All Free Swims are held on Mondays from 6:30-8:30pm

Sagitawa Friendship Society

April 14

Baytex Energy Ltd

April 28

Secure Waste Infrastructure Corp

May 26

Heart & Soul Photography

June 16

Town of Peace River

June 30

Project Peace

July 28

Admissions, Courses, & Rentals

Admissions	Single Admission	Monthly Pass	Six Month Pass	Yearly Pass	10 Use (Save 10%)	Summer Pass
Family*	\$16.25	\$97.50	\$390.00	\$585.00	N/A	\$135.00
Adult (18-64)	\$6.50	\$52.00	\$234.00	\$312.00	\$58.50	\$81.00
Youth (8-17) Senior (65+)	\$4.50	\$36.00	\$162.00	\$216.00	\$40.50	\$57.00
Preschool (4-7)	\$2.50	\$20.00	\$90.00	\$120.00	\$22.50	N/A
Tots (0-3)	FREE	FREE	FREE	FREE	FREE	FREE

*Our family rate includes up to 5 bathers, limited to 2 adults. Groups exceeding 5 bathers will be charged accordingly
 ~ We are an all inclusive facility! The use of all our operating attractions is included in the admission rates ~

Lessons & Courses	Details	Age/Prerequisite	Cost
Swimming Lessons	8 x 30 Minute Lessons	Parent & Tot 1 - Preschool 5	\$51.00
	8 x 40 Minute Lessons	Swimmer 1 - 6	\$61.20
	8 x 60 Minute Lessons	Swim Patrol, Adult Lessons	\$71.40
Private Lessons	Half-hour/Hourly Sessions	All ages	\$56.10*/hour
SwimAbilities	8 x 45 Minute Lessons	SwimAbilities 1-4 Swimmers requiring specialized needs	\$66.30
Mermaid Club	8 x 30 Minute Lessons	Ages 6 - 17 Guppies: Complete Swimmer 1	\$56.10
	8 x 45 Minute Lessons	Sirens: Complete Swimmer 3 or Guppies Tritons: Complete Swimmer 6 or Sirens	\$66.30
Adult Mermaid Programs	8 x 60 Minute Lessons	Ages 16+ Mermaid Fitness	\$76.50 \$10.25 (drop-in)
Junior Lifeguard Club	8 hours (session times may vary)	Complete Swimmer 4	\$91.80
Bronze Star	12 hours	Swim Patrol experience	\$132.60
Bronze Medallion	20 hours	13 years or Bronze Star IFA w/ CPR C	\$173.40
Bronze Cross	24 hours	Bronze Medallion and IFA w/ CPR C	\$178.50
Intermediate First Aid w/ CPR Level C	16 hours	None	\$183.60
IFA w/ CPR C Recert	8 hours	Current IFA w/ CPR C certification	\$127.50
Swim Instructor	40 hour course (w/ SwimAbilities)	15 years old , Bronze Cross, IFA w/ CPR C & AED	\$408.00
LSSI Recert	5 hours	Previous Swim Instructor certification	\$117.00
National Lifeguard	40 hour course	15 years old , Bronze Cross, IFA w/ CPR C & AED	\$337.00
NL Recert	5 hours	Previous NL certification	\$102.00
Babysitting Course	8 hours	11+ years	\$61.00

Private Rentals	Details	Hourly Rate
Adult	Rental includes only adults; select Saturdays & Sundays	\$163.00
Youth/Family	See pg.3 for supervision ratios; select Saturdays & Sundays	\$143.00
Activity Room	Party room; includes tables, chairs	\$35.50
Schools	Send inquires to pool@peacerver.ca	\$46.00 GST may apply
Swim Meets	Send inquires to pool@peacerver.ca	\$112.00
Swim Clubs (youth)	Send inquires to pool@peacerver.ca	\$71.00

*All rental categories are subject to an additional \$30.50/hour for each additional lifeguard needed

POOL RULES AND GUIDELINES

Parent & Tot

This time is designated for adults to bring their young children to calm playtime in shallow water.

Family Swim

Bring your family swimming during our Family Swim times! All children (0-17) must be accompanied by an adult (18+) into the water, no exceptions. Note that during Family/Lane Swim, the diving board and rope are not open.

Public Swim

Everyone is welcome! Children under 8 years of age must be accompanied into the water and within arms' by a responsible person 14 years of age or older. Children 8 years of age and older can swim without parental supervision. Note that children of any age may still be asked to complete a swim test at the discretion of our lifeguards.

Adult & Senior Swim

Looking for a more calm swim time? Come and water walk or swim some lengths in two triple lanes during our Adult & Senior Swim. Note that Preschool lessons may occur in the beach area during these times.

Parent to Child Ratios

Children under the age of 8 years require 1 adult to be within arms' reach at all times for every 4 children. Family Swims and Private Rentals require 1 adult for every 10 children 8-17 years.

Bather Safety Guidelines

- No street shoes may be worn past the boot room area.
- Children under 8 years of age must be actively supervised and within arms' reach of a responsible person 14+ years of age at all times.
- Patrons must take a cleansing shower before entering the pool.
- Proper swim attire must be worn at all times (no cut-off jeans, white t-shirts, unclean clothes, etc)
- Young children (35 months and under), and anyone who is incontinent must wear protective, water resistant swimwear (available for purchase at the front desk) in order to minimize the possibility of contamination.
- No pets are allowed onto the premises, except for seeing eye dogs or other service animals used to assist persons with disabilities.
- Diving in the shallow end is not permitted.
- Roughhousing or putting other swimmers at risk is not permitted.
- Spitting, or otherwise polluting the water is prohibited.
- No glass containers of any kind are permitted in barefoot areas.
- Foul language and other disrespectful behavior is not permitted and are grounds for expulsion from the facility.
- Any persons with diarrhea or a history of diarrhea over the previous two weeks must not use the facility.
- No chewing gum in changerooms, on deck, or in the water.
- Persons under the influence are not allowed inside the facility.
- Food must be consumed within designated areas only.

Refund Policy

All refund/credit requests are subject to a \$10 cancellation fee unless a doctor's note is provided. All refund/credit requests must be received at least 2 weeks in advance of the program start date, otherwise a refund/credit will not be issued. Please allow up to 10 days for refunds processed online, and 6 weeks for refunds processed on paper. Goggles and other retail items are not refundable.



PEACE RIVER'S MOST POPULAR FACILITY
THE PEACE REGIONAL POOL

**FREE SWIM EVENTS
KIDS PARTY ROOM
PRIVATE RENTALS**

**CALL US TO
BOOK YOUR
NEXT SWIMMING
EXPERIENCE!**

780-624-3720



Lifesaving Courses

Intermediate First Aid with CPR Level C & AED

A comprehensive two-day course offering First Aid, cardiopulmonary resuscitation (CPR), and AED skills for those who need training. It is a prerequisite for lifeguarding courses, but is also workplace certified!

Full Course Dates	Full Course Times
June 7-8	10:00-6:00pm
August 25-26	8:00-4:00pm
Recert Dates	Recert Times
May 3	10:00-6:00pm

Bronze Star

This course develops swimming proficiency, lifesaving skills, and personal fitness. Candidates refine their strokes, acquire self-rescue skills, and apply fitness principles to workouts.

Bronze Star is a fun but optional introduction to lifesaving.

Prerequisite: Swim Patrol or JLC experience

Not running in Spring/Summer 2025 season

Bronze Medallion

This course challenges candidates both physically and mentally. Judgement, knowledge, skill, and fitness form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to succeed.

Prerequisites: 13+ years old or completed Bronze Star, and IFA w/ CPR C & AED

Not running in Spring/Summer 2025 season

Bronze Cross

This course begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills, while learning the principles and techniques of active surveillance in aquatic facilities.

Prerequisites: Bronze Medallion and IFA w/ CPR C & AED

Not running in Spring/Summer 2025 season

National Lifeguard (NL)

The National Lifeguard program develops the basic lifeguarding skills, principles, and decision making process to help lifeguards evaluate and adapt to various aquatic facilities and emergencies.

Prerequisites: 15+ years old, IFA w/ CPR C & AED, Bronze Cross

Recert Course Dates	Recert Course Times
May 4	8:00-1:00pm

Swim Instructor (LSSI) + SwimAbilities Instructor (SAI)

Swim instructors are responsible for teaching and evaluating participants of the Swim For Life and Canadian Swim Patrol programs. SwimAbilities Instructor is offered in tandem to prepare instructors to teach participants with specialized needs and supports. These courses prepare instructors to apply leadership competencies while teaching and evaluating.

Prerequisites: 15+ years old, IFA w/ CPR C & AED, Bronze Cross

Full Course Dates	Full course Times
July 6-11	9-12pm (July 6), 8-4pm
Recert Dates	Recert Times
May 10	8:00-1:00pm
SAI Standalone Dates	SAI Standalone Dates
April 26, 27	8-4pm (26th) 8-1pm (27th)

Junior Lifeguard Club (JLC)

Calling all future lifeguards! Junior Lifeguard Club provides an fun and energetic environment for swimmers to beat their personal bests. JLC is a great option for swimmers who are wanting “more” than just regular swimming lessons.

Prerequisite: Swimmer 4 or Swim to Survive Standard

April 1-24 Tuesday/Thursday	6:00-7:00pm
July 4 - August 15 Fridays	4:15-5:45pm No lesson August 8th



Flexible hours, competitive wages, and a wonderful and supportive work environment. Lifeguarding is also the perfect part-time job for students or the stay-at-home parent! Ask us how you can become part of our team!

Adult Classes

Scared Stiff

For those who are "scared stiff", this course fosters the basic knowledge, skills, and attitudes needed to stay safe in and around the water. Classes are designed to develop a swimmer's confidence in the water with basic flotation, movement, and breathing skills.

Adult 1

This course is a great starting point for swimmers already comfortable in the water looking to begin and develop their strokes. You'll work towards a 10-15m swim on your front and back.

Adult 2

Kick it up a notch in Adult 2 with interval training workouts of 4 x 25m kicking and front/back crawl. You'll be able to perform dive entries, demonstrate breaststroke arms, and breaststroke breathing for 10-15m while gaining confidence!

Adult 3

No sweat (or at least none that anyone can see)! In Adult 3, you'll have the opportunity to learn eggbeater, stride entries, and compact jumps. You'll master front crawl, back crawl, and breaststroke.

Fitness Swimmer (Adult Swim Club)

New name, same club! Formerly known as Adult Swim Club, Fitness Swimmer is for advanced swimmers looking for advanced workouts and further stroke development.

[For ages 14 and up]

Tuesdays/Thursdays 6:00-7:00pm Fridays 4:00-6:00pm	
April 1-24 (Tuesday/Thursday)	Adult 2/3, Fitness Swimmer
May 20-29 (Tuesday/Thursday)	Triathlon Training
July 4- August 15 No lesson August 8th (Fridays)	Scared Stiff/Adult 1, Adult 2/3

Aqua Aerobics & Aqua Zumba

No registration necessary! Drop in during designated times for an instructor-led fitness hour! Exercises and workout intensity may vary between instructors. See pool schedule for times.



Additional Classes and Courses

Private Lessons

Private lessons are available for \$56.10 per hour. They are intended to assist in the improvement of specific strokes, skills, and general comfort in the water with a focus on 1-on-1 instruction. It is important to note that private lessons are not intended to be a fast-track to our regularly scheduled lessons. Inquire at the front desk or at pool@peaceriver.ca

Babysitting Courses

Learn the basics of babysitting, how to prevent accidents, and basic First Aid training. This course is intended for kids 11-13 years of age, but anyone over the age of 11 can register!

Mermaid Club

Do you long to trade your legs for a fin? Mermaid Club focuses on the skills and safety involved while swimming with a monofin and looking like a glorious mermaid! Skills include: dolphin kick, underwater swimming, breathing techniques, rollovers, vertical kicking, sculling, butterfly, and more mer-mentous tricks! Prior swimming ability required. For ages 6-17.

Babysitting Courses	
June 14	10:00-6:00pm

Mermaid Club May 2 - June 27 No lesson May 16th	
Guppies	4:00-4:30pm 5:00-5:30pm
Sirens	4:45-5:15pm
Tritons	4:00-4:45pm
See pg.4 for prerequisites	

Additional Information

Go ahead and rent the Pool!

Private rentals are available on select Saturdays and Sundays throughout the year. Perfect for birthdays or other special events. Give us a call to book your next swimming experience!

No extra guard: 1-30
 1 extra guards: 31-75
 2 extra guards: 76-125

780-624-3720

see pg.4 for rental rates



Tea Time Wednesdays

Every Wednesday!
 Starts @9am

Join us for tea, coffee, & snacks in the pool lobby before or after your swim!

Special Events	
Canada Day	July 1
National Drowning Prevention Week	July 20-26
See page 3 for our Sponsored Swims!	

Extra Public Swims	
10:00-12:00pm	April 22, May 16, June 27, June 30, July 2-4, July 25, August 1
1:00-3:00pm	June 27

Statutory Schedule Days	
-April 18, April 21, May 19, July 1, August 4-	
Parent & Tot / Lane	12:30-1:30pm
Family Swim	1:30-3:30pm
Public Swim	3:30-5:30pm

Pool Closures	
April 12-13	Wahoos Swim Meet
April 20	Easter Sunday
June 28	Porpoises Swim Meet
September	Annual Shutdown

100k Club

Do you like swimming lengths?
 Do you like self-gratification?
 Ever wanted to have your name on a poster?
 Join the 100k Club! Track your lengths at the front desk and do your best to swim 100km by the end of the year!



July 20-26, 2025

National Drowning Prevention Week

LIFESAVING SOCIETY

According to the Lifesaving Society's 2024 National Drowning Report, over 400 fatal drownings occur every year in Canada.

In 31% of swimming-related fatal drownings, the person was a weak or a non-swimmer.

In 79% of boating-related fatal drownings, the person was not wearing a lifejacket.

In 93% of all fatal drownings of children 0-4 years of age, supervision was either completely absent or distracted.

National Drowning Prevention Week is July 20-26, 2025. Keep an eye out for water safety tips and activities throughout the week.

Can you **Swim to Survive?**

- Disorienting entry into deep water
- Tread water for 1 minute
- Swim a continuous 50m



PEACE REGIONAL POOL

Effective January 5 - April 30, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00	
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	
	School Rentals 10:00-12:00					Lessons 10:00-12:00
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30	School Rentals 1:00-3:00					Family Swim 1:30-3:30
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Public Swim 3:30-5:30
Closed	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Rentals
	Family / Lane 6:00-7:30	Adult Lessons 6:00-7:00pm	Family / Lane 6:00-7:30	Adult Lessons 6:00-7:00pm	Family / Lane 6:00-7:30	
		Aqua Aerobics 7:00-8:00		Aqua Aerobics 7:00-8:00		
Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30		

Sponsored Swims | 6:30-8:30pm | Check our Facebook for updates!
Extra Public Swims | 10:00-12:00pm | **March 5, 6, 24-28** | 1:00-3:00pm | **March 6, 24-28** | 4:00-5:30pm | **March 24-28**
STAT Schedule | Parent & Tot/Lane 12:30-1:30 | Family Swim 1:30-3:30 | Public Swim 3:30-5:30 | **Feb 17, April 18, 21**
Closed | All Day | **April 20**

PEACE REGIONAL POOL

Effective May 1 - 31, 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00	
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	
	School Rentals 10:00-12:00					Lessons 10:00-12:00
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30	School Rentals 1:00-3:00					Family Swim 1:30-3:30
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Public Swim 3:30-5:30
Closed	Swim Club 4:00-6:00				Swim Club / Mermaid Club 4:00-6:00	Rentals
	Family / Lane 6:00-7:30	Swim Club / Triathlon Training 6:00-8:00	Family / Lane 6:00-7:30	Swim Club / Triathlon Training 6:00-8:00	Family / Lane 6:00-7:30	
	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	

Sponsored Swims | 6:30-8:30pm | May 26 - **Secure Waste Infrastructure Corps**

Extra Public Swims | 10:00-12:00pm | **May 16**

STAT Schedule | Parent & Tot/Lane 12:30-1:30 | Family Swim 1:30-3:30 | Public Swim 3:30-5:30 | **May 19**



PEACE REGIONAL POOL

Effective June 1 - 30, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00	
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	
	School Rentals 10:00-12:00					Lessons 10:00-12:00
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30	School Rentals 1:00-3:00					Family Swim 1:30-3:30
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Public Swim 3:30-5:30
Closed	Swim Club 4:00-6:00				Swim Club / Mermaid Club 4:00-6:00	
	Family / Lane 6:00-7:30	Lessons 6:00-8:00	Family / Lane 6:00-7:30	Lessons 6:00-8:00	Family / Lane 6:00-7:30	Rentals
	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	

Sponsored Swims | 6:30-8:30pm | June 16 - **Heart & Soul Photography** | June 30 - **Town of Peace River**
Extra Public Swims | 10:00-12:00pm | **June 27, 30** | 1:00-3:00pm | **June 30**
Closed | All Day | **June 28**

PEACE REGIONAL POOL

Effective July 1 - September Shutdown, 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00	
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	
	Summer Lessons 10:00-12:00					
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30	Public Swim 1:00-3:00					Family Swim 1:30-3:30
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Public Swim 3:30-5:30
Closed	Swim Club 4:00-6:00				Swim Club / Adult Lessons 4:00-6:00	Rentals
	Family / Lane 6:00-7:30	Public Swim 6:00-7:45	Family / Lane 6:00-7:30	Public Swim 6:00-7:45	Family / Lane 6:00-7:30	
	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	

Sponsored Swims | 6:30-8:30pm | July 28 - **Project Peace**
Extra Public Swims | 10:00-12:00pm | **July 2, 3, 4, 25, August 1**
STAT Schedule | Parent & Tot/Lane 12:30-1:30 | Family Swim 1:30-3:30 | Public Swim 3:30-5:30 | **July 1, August 4**
Closed | September | **Annual Shutdown**

SPRING LESSON REGISTRATION OPENS MARCH 4 [AT] 8:00AM



PARENTED SWIMMING LESSONS

AGES 4 MONTHS - 3 YEARS

[SPRING SEASON]

Parent & Tot

1

Dates	Times
March 31, April 2-9 Monday/Wednesday	3:00-3:30pm
April 26, May 3-24 Saturdays	10:00-10:30am

Parent & Tot

3

Dates	Times
April 14-28 Monday/Wednesday	3:00-3:30pm No lesson April 21
April 30, May 5-12 Monday/Wednesday	3:30-4:00pm

Parent & Tot

2

Dates	Times
May 14-28 Monday/Wednesday	3:30-4:00pm No lesson May 19
May 31, June 7-21 Saturdays	10:00-10:30am

Parent & Tot 1 4- 12 Months
 Parent & Tot 2 12- 24 Months
 Parent & Tot 3 2- 3 Years

PARENTED LESSONS ARE AGE SPECIFIC

Each session contains four lessons with an instructor as well as a 3-use swim pass to use to bring your child to the pool and practice.

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

You can now register and pay online for all our courses! Simply go to www.peaceriver.ca/registration. Give us a call if you need any assistance with registering online.

PRESCHOOL SWIMMING LESSONS

AGES 3-5 YEARS OLD

Preschool

1

Dates	Times
April 1-24 Tuesday/Thursday	5:30-6:00pm
April 26-June 21 Saturdays	10:45-11:15am No lesson May 17
April 30-May 28 Monday/Wednesday	3:00-3:30pm No lesson May 19
June 2-25 Monday/Wednesday	3:00-3:30pm
June 3-26 Tuesday/Thursday	6:00-6:30pm

[SPRING SESSIONS]

All *Preschool* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level

2

Preschool

Dates	Times
March 31-April 28 Monday/Wednesday	3:30-4:00pm No lesson April 21
June 2-35 Monday/Wednesday	3:30-4:00pm

Preschool

3

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.



4

Preschool

Dates	Times
April 1-24 Tuesday/Thursday	4:45-5:15pm
April 26-June 21 Saturdays	11:30-12:00pm No lesson May 17

Preschool

5

SWIMMING LESSONS AGES 5 YEARS AND UP

[SPRING SESSIONS]

All *Swimmer* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level.

Swimmer 1

Dates	Times
April 1-24 Tuesday/Thursday	5:20-6:00pm
April 26-June 21 Saturdays	10:00-10:40am No lesson May 17
April 26-June 21 Saturdays	11:20-12:00pm No lesson May 17
June 3-26 Tuesday/Thursday	7:20-8:00pm



Swimmer 3

Dates	Times
April 1-24 Tuesday/Thursday	4:45-5:25pm
April 26-June 21 Saturdays	10:45-11:25am No lesson May 17
June 3-26 Tuesday/Thursday	6:00-6:40pm

Swimmer 2

Dates	Times
April 1-24 Tuesday/Thursday	4:00-4:40pm
April 26-June 21 Saturdays	11:10-11:50am No lesson May 17
April 26-June 21 Saturdays	11:20-12:00pm No lesson May 17

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.



SPRING LESSON REGISTRATION OPENS MARCH 4 [AT] 8:00AM

LESSONS CONTINUED AGES 5 YEARS AND UP

[SPRING SESSIONS]

Swimmer

4

Dates	Times
April 26-June 21 Saturdays	10:35-11:15am No lesson May 17
June 3-26 Tuesday/Thursday	6:35-7:15pm

Withdrawals must be made with 2 weeks' notice to receive a refund or credit

See our Refund Policy on [page 5](#) for more details

Swim Patrol



Dates	Times
April 26-June 21 Saturdays	10:00-11:00am No lesson May 17
June 3-26 Tuesday/Thursday	6:50-7:50pm

Rookie, Ranger, and Star Patrol are offered together under one class - Swim Patrol!

Bring your previous Swim Patrol progress chart to the first day of class so your instructor can track your progress throughout Rookie, Ranger, and Star Patrol!

5

Swimmer Swimmer

6

Dates	Times
April 1-24 Tuesday/Thursday	4:00-4:40pm
April 26-June 21 Saturdays	10:00-10:40pm No lesson May 17

Has your child completed Swimmer 6 and is wondering what the next step is?

Register them into the Swim Patrol program to fine tune their strokes and help them to succeed in the Bronze programs!

CONTACT US:

-  (780) 624-3720
-  @PeaceRegionalPool
-  pool@peaceriver.ca
-  peaceriver.ca/Pool



SUMMER LESSON REGISTRATION OPENS MAY 15 [AT] 8:00AM



PARENTED SWIMMING LESSONS

AGES 4 MONTHS - 3 YEARS

[SUMMER SESSIONS]

Parent & Tot

1

Dates	Times
July 21-24	10:00-10:30am
August 11-14	10:00-10:30am



Parent & Tot

3

Dates	Times
July 7-10	10:45-11:15am
July 28-31	10:00-10:30am
August 5-8 Make up lesson Aug 8	4:00-4:30pm No lesson Aug 4



Parent & Tot

2

Dates	Times
July 14-17	10:45-11:15am
August 5-8 Make up lesson Aug 8	10:00-10:30am No lesson Aug 4
August 11-14	4:00-4:30pm

Parent & Tot 1 4- 12 Months
 Parent & Tot 2 12- 24 Months
 Parent & Tot 3 2- 3 Years

PARENTED LESSONS ARE AGE SPECIFIC

Each session contains four lessons with an instructor as well as a 3-use swim pass to use to bring your child to the pool and practice.

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.



PRESCHOOL SWIMMING LESSONS

AGES 3-5 YEARS OLD

All *Preschool* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level

1 **Preschool**

Dates	Times
July 7-17	11:30-12:00pm
July 7-17	10:00-10:30am
July 21-31	10:45-11:15am
August 5-14 Make up lesson Aug 8	10:45-11:15am No lesson Aug 4
August 5-14 Make up lesson Aug 8	4:45-5:15pm No lesson Aug 4
August 5-14 Make up lesson Aug 8	11:30-12:00pm No lesson Aug 4



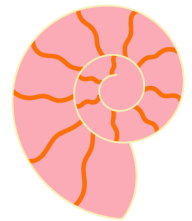
[SUMMER SESSIONS]

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

2 **Preschool**

Dates	Times
July 7-17	10:45-11:15am
August 5-14 Make up lesson Aug 8	10:45-11:15am No lesson Aug 4



4 **Preschool**

Dates	Times
July 21-31	11:30-12:00pm
August 5-14 Make up lesson Aug 8	5:30-6:00pm No lesson Aug 4

Preschool

5

SWIMMING LESSONS

AGES 5 YEARS OLD and up

[SUMMER SESSIONS]

Swimmer 1

Dates	Times
July 7-17	10:45-11:25am
July 7-17	11:20-12:00pm
July 21-31	11:20-12:00pm
July 21-31	10:45-11:25am
August 5-14 Make up lesson Aug 8	11:20-12:00pm No lesson Aug 4
August 5-14 Make up lesson Aug 8	10:00-10:40am No lesson Aug 4
August 5-14 Make up lesson Aug 8	4:00-4:40pm No lesson Aug 4
August 5-14 Make up lesson Aug 8	5:20-6:00pm No lesson Aug 4

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

Swimmer 2

Dates	Times
July 7-17	10:00-10:40am
July 7-17	11:20-12:00pm
July 21-31	10:00-10:40am
July 21-31	10:00-10:40am
August 5-14 Make up lesson Aug 8	11:20-12:00pm No lesson Aug 4
August 5-14 Make up lesson Aug 8	10:00-10:40am No lesson Aug 4
August 5-14 Make up lesson Aug 8	4:45-5:25pm No lesson Aug 4
August 5-14 Make up lesson Aug 8	5:20-6:00pm No lesson Aug 4

Swimmer 3

Dates	Times
July 7-17	10:35-11:15am
July 7-17	10:00-10:40am
July 21-31	11:20-12:00pm
August 5-14 Make up lesson Aug 8	10:35-11:15am No lesson Aug 4
August 5-14 Make up lesson Aug 8	11:20-12:00pm No lesson Aug 4
August 5-14 Make up lesson Aug 8	4:00-4:40pm No lesson Aug 4

SUMMER LESSON REGISTRATION OPENS MAY 15 [AT] 8:00AM

LESSONS CONTINUED AGES 5 YEARS AND UP

Swimmer

4

Dates	Times
July 7-17	10:00-10:40am
July 21-31	10:35-11:15am
August 5-14 Make up lesson Aug 8	10:45-11:25am No lesson Aug 4
August 5-14 Make up lesson Aug 8	4:00-4:40pm No lesson Aug 4

5

Swimmer Swimmer

6

Dates	Times
July 7-17	11:20-12:00pm
July 21-31	10:00-10:40am
August 5-14 Make up lesson Aug 8	4:35-5:15pm No lesson Aug 4
August 5-14 Make up lesson Aug 8	10:00-10:40am No lesson Aug 4

[SUMMER SESSIONS]

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

Swim Patrol



Dates	Times
July 21-31	10:50-11:50am
August 5-14 Make up lesson Aug 8	4:50-5:50pm No lesson Aug 4
<p>Rookie, Ranger, and Star Patrol are offered together under one class - Swim Patrol!</p> <p>Bring your previous <u>Swim Patrol</u> progress chart to the first day of class so your instructor can track your progress throughout Rookie, Ranger, and Star Patrol!</p>	

Has your child completed Swimmer 6 and is wondering what the next step is?

Register them into the Swim Patrol program to fine tune their strokes and help them to succeed in the Bronze programs!

You can now register and pay online for all our courses! Simply go to www.peaceriver.ca/registration. Give us a call if you need any assistance with registering online.



THANK YOU



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PROJECT
MENTAL HEALTH & WELLNESS
PEACE



HEART & SOUL
PHOTOGRAPHY

SECURE



for making our Free Swims possible in our upcoming Spring & Summer 2025 season!

Interested in becoming a sponsor in the future?
Inquiries can be sent to pool@peacriver.ca



TOWN OF
PEACE RIVER
ALBERTA



For more information about our pool programs and services, please give us a call at 780-624-3720 and we will be happy to answer any questions you may have!

Thank you